



## Circle D Farm see North Map

### Oscho Deal

350 Saw Rd, China Grove  
Off Hwy 152 south 0.4 miles

Oscho Deal and his son Eric are the 5th and 6th generations to call this farm home.

Circle D cattle are bred, born and live their entire life on their farm until they are sent to a USDA inspected facility to be processed. Grass-fed beef available for purchase; visit website for more product information.

704-298-4181 [circledbeef.com](http://circledbeef.com)



## Goforth's Garden

### David and Rene Goforth

10000 Meisner Ln, Rockwell  
From Hwy 49 in Mt Pleasant take Main St north about 5.8 miles, right on Kluttz Rd 2.4 miles, left on Emmanuel Rd 0.5 miles, left on Meisner Ln

Tour a peach orchard, vegetable production areas, edible landscape plants, high tunnel, and solar greenhouse in a rural setting. While the peaches are out of season during the tour, this stop should appeal to anybody interested in home production of fruit, home vegetable gardening or sustainable agricultural practices.

704-279-8884



## Elma C. Lomax

### Incubator Farm

### Cabarrus Co Cooperative Extension

4335 Atando Rd, Concord  
From intersection of NC 49 & Hwy 601, north on NC 49 about 1 mile, right onto Atando Rd, continue to end of road

Since the median age of farmers in Cabarrus County is 58, this 30-acre tract is being used by Cooperative Extension to "grow" beginning farmers. There are 9 beginning farmers, 3 resource gardeners, and 1 mentor farmer.

Participating incubator farmers:

#### All Seasons Farm

#### Coldwater Creek Farms:

Brad Hinckley & Eric Williamson

#### Flemings' Farside Farm:

Lynn MacDougall-Fleming

#### Forget Me Not Farm:

Shannon Anderson

#### The Inspired Garden, Inc.:

Colleen McDaniel

#### Phoenix Farms:

Aaron Newton

#### Marvin's Farmhouse Fresh

Restaurant joins the Incubator Farm selling locally-grown lunches — perfect for picnicking on the tour!

Dr. Michael Smith will also be at the Incubator Farm discussing the relationship between food and wellness.



## Wild Turkey Farms

see North Map

### Lee and Domisty Menius

1015 Old Cress Rd, China Grove  
From intersection of NC 152 & Hwy 29, west Hwy 152 to Miller Rd to Old Cress Rd

Fill your cooler during the tour with pastured pork, beef, lamb, and chicken. The farm, in southern Rowan County, has been in the Menius Family for more than a century. Enjoy a 45-minute hayride tour of the farm; departs at 2:00, 3:30, and 5:00.

704-202-9348



## Laughing Owl Farm

### Dean and Jenifer Mullis

28016 Ryan Rd, Richfield  
From intersection of US 52 & Hwy 49, south on US 52 to S Main St about 3.3 miles, left on Ryan Rd

Laughing Owl Farm is a small, diversified farm with organically grown vegetables, pastured chickens and turkeys, and a small herd of hogs. The main crop this year is an acre of potatoes, with the majority being a Dutch variety called Bintje, a yellow-flesh, waxy potato that is the most popular potato in Europe. Bintjes will be on sale.

704-322-0584



## Landis Gourmet

### Mushrooms see North Map

### John Herron

414 N. Meriah St, Landis  
From NC 153/Hwy 29 in downtown Landis, take Ryder Ave west 0.3 miles to Meriah St

In the lower floor of what was once a cotton mill, John Herron grows three varieties of oyster mushrooms and shitake mushrooms. As John's mushrooms come into full flush in cooler weather, other farmers will be on site offering herbs and plants for sale.

704-202-1216

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